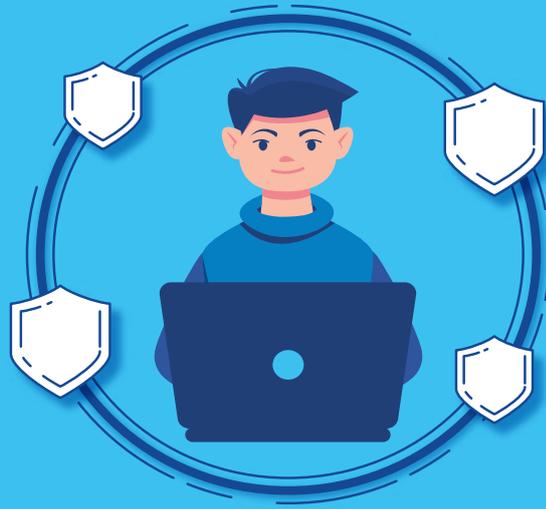


# CYBER SECURITY TIPS FOR PARENTS



As a parent, it's important to be aware of the dangers that come with the use of the internet. It can be difficult to keep up with the ever-changing landscape of the internet and the best cybersecurity practices. In this infographic we provide some tips to help keep you and your child safe online.

## Ensure all accounts created use a strong password



Password security is important. Passwords are often the first line of defence against unauthorised access to your accounts. To create a strong password, you should use a mixture of upper and lowercase letters, numbers, and symbols.

## Teach kids about cyberbullying



Cyberbullying is bullying that takes place online. Cyberbullying can include posting or sharing negative, mean, or false content about someone else. Encourage your child to always report cyberbullying. This includes not only telling you what is happening, but also a teacher or report the post to the social media platform.

## Keep your child's devices and software up-to-date



Regularly updating your child's devices and software are an easy way to help protect against malware and other online threats. If you do not have regular access to the device, you can configure automatic software updates.

## Be wary of using social media



There are many risks that come with having a public social media account as you cannot verify who is viewing you or your child's social media account. Some of this risk can be reduced by changing the account settings to the highest level of privacy. You can also teach your child to only accept friend requests from family members or close friends.

## Be cautious when sharing devices



Your children might not have direct access to credit cards, but they can still be vulnerable to financial crimes. If your child uses the family computer to access the web, they might have access to banking websites and online shopping if you do not log out of your accounts. If you are sharing a device, always log out of all accounts to prevent any unauthorised access.

## Use online protection tools



Many internet service providers will provide free tools to help you monitor and restrict your child's internet access. Some of these tools will allow you to specify the websites your child is allowed to visit and set time restrictions.